

# Seeking Home-based Music Program Participants



## WE NEED YOUR HELP!

Menorah Center for Rehabilitation and Nursing Care is exploring the benefits and effectiveness of home-based music programs for people with memory problems and their family caregivers.

**If you answer “yes” to the following questions, you may be eligible to participate in this new project.**

- Are you aged 60+ and have issues with memory?
- Do you care for someone with memory loss at home?
- Is that relationship getting (or already) strained?
- Are you feeling down, alone or cut off from everyone?
- Do you feel bogged down with a day-to-day routine?
- Do you enjoy music?

### Why participate?

- ✓ Experience meaningful moments centred around music at home
- ✓ Let music stimulate memories
- ✓ Sing, tap your toes and have fun with your loved one
- ✓ No musical talent or experience required
- ✓ Find another way to express your emotions and better cope with caregiving
- ✓ Help improve home-based music-assisted therapy programs
- ✓ Family caregivers will be trained

Interested? Please contact **Dr. Kendra Ray** at [kray@mjhs.org](mailto:kray@mjhs.org)  
or **(718) 368-7927** or speak with **Ms. Marion Kaiser** at **(718) 615-6312**

*This study has been approved by the Ethical & Independent Review Services, Approval Number – 18095-01*