



## Newsletter #20 – October 2023

### CLINICAL STUDIES

#### Introduction

The past months have seen several products come to market to address the needs of those living with Alzheimer's and other dementias. Others are in the development stage and companies are looking for participants for clinical studies (also called "clinical trials"). In this newsletter we hope to provide you with information about clinical studies. Participating in a trial can be very rewarding, however, it can also be very time-consuming as you may need to spend time at the doctor's office or possibly making notes at home. If you are interested in being a participant you want to follow these steps:

1. Talk with your physician to find what studies he or she may be aware of being conducted at their institution. They know you best and would know what study might be most appropriate.
2. Talk with friends who have been in studies and find out how they got into their studies.
3. Go to one of the following web sites and check their listings. They are:

<https://www.alzheimers.gov/clinical-trials/trialmatch>

The Alzheimer's Association's clinical studies matching service for people with Alzheimer's disease, caregivers, and healthy volunteers. The database includes hundreds of studies being conducted at sites across the country and online. Participants answer online questions to guide their search for clinical studies. In addition, participants can sign up to receive email alerts about new trials that meet their criteria.

<https://www.antidote.me/>

Antidote is a private web site that connects individuals interested in clinical trials with pharmaceutical sponsors. We've made the process of finding trials easy with our smart Match search engine. Antidote is on a mission to transform the way that sponsors and patients connect in order to accelerate medical research.

<https://clinicaltrials.gov/>

This is a searchable registry and results database of federally and privately supported clinical trials conducted in the United States and around the world. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details. This information should be used in conjunction with advice from health care professionals.

<http://clinicalstudies.info.nih.gov/>

The NIH maintains an online database of clinical research studies taking place at its Clinical Center, which is located on the NIH campus in Bethesda, Maryland. Studies are conducted by most of the institutes and centers across the NIH. The Clinical Center hosts a wide range of studies from rare diseases to chronic health conditions, as well as studies for healthy volunteers. Visitors can search by diagnosis, sign, symptom or other key words.

<https://www.researchmatch.org/?rm=CRAWebsite>

ResearchMatch is an NIH-funded initiative to connect 1) people who are trying to find research studies, and 2) researchers seeking people to participate in their studies. It is a free, secure registry to make it easier for the public to volunteer and to become involved in clinical research studies that contribute to improved health in the future.

For additional information about clinical trials see the following article from our [Newsletter #4](#)

“A clinical trial is a research study that tests whether a new potential therapy is safe and effective for patients. It evaluates new drugs, behaviors, or devices, and reveals whether these potential therapies work for particular diseases or particular groups of patients. Clinical trials can provide the best available data for the approval of new disease treatments.”

Ira and Sandy were also in a brief video on Alzheimer's clinical trials. To see the video go to <https://www.antidote.me/patient-stories>.