



## Newsletter #24 – March 2023

### INTRODUCTION

In this edition of the newsletter we are changing focus. Rather than articles we have selected a series of videos that we think you will find interesting and helpful.

### CAREGIVER VIDEOS

Welcome to the UCLA Alzheimer's and Dementia Care Video series. This series was created by the Multi campus Programs in Geriatric Medicine and Gerontology (MPGMG) at the David Geffen School of Medicine at UCLA.

Caregiver Training Videos – UCLA:

<https://www.uclahealth.org/medical-services/geriatrics/dementia/caregiver-education/caregiver-training-videos>.

MMLearning.org

A well-organized series of videos:

<https://training.mmlearn.org/caregiver-training-videos/topic/dementia->

Learning about Dementia with Dr. Marc

A series of brief, focused videos:

[https://www.youtube.com/watch?v=FH0fgxGY17I&list=PL3RVBE3UFu\\_UoOoZreem6qwlTQPt\\_s7T&index=4](https://www.youtube.com/watch?v=FH0fgxGY17I&list=PL3RVBE3UFu_UoOoZreem6qwlTQPt_s7T&index=4)

Teepa Snow - Positive Approach to Care

A selection of Teepa's training videos:

<https://www.youtube.com/watch?v=HzXHMyO7DH4>,

Dementia Careblazers

It's our mission to make dementia caregiving easier for families caring for a loved one with Alzheimer's disease, frontotemporal dementia, Lewy body dementia, vascular dementia, or any other type of dementia:

<https://www.youtube.com/c/DementiaCareblazers>.

### **GENERAL VIDEOS**

Sixty Minutes Programs

A very touching program focused on one family living with Alzheimer's:

<https://www.youtube.com/watch?v=1oLQz1vMmvk>

Neurosurgeon pioneers Alzheimer's addiction treatments using ultrasound:

<https://www.youtube.com/watch?v=7BGtVJ3lBdE>

BBC Documentary

A month in the life of three people with Dementia:

<https://www.youtube.com/watch?v=zJObR8TqBIM>

### **NOTE**

If you know of any videos, articles or programs we should be highlighting please let us know by contacting ira at [ira@asherman.com](mailto:ira@asherman.com).

Access a broad range of programs, activities, articles, and all of our newsletters at our website: <https://www.adrcnyc.org/>