



Newsletter #29 – October 2024

INTRODUCTION

In the past several months we have released two new free products. The most recent is our **Dementia Business Card**. The card compliments our earlier **Resource Manual** developed with Renewal Memory Partners. Taken together these products will make your life a lot easier. Both are described below:

DEMENTIA BUSINESS CARD

Front



Back



The **Dementia Business Card** should be given to folks indicating that the person you are with has dementia and requesting their patience. We have been using them in taxis, restaurants and the theatre. We no longer need to verbally explain; we just give people the card. It has saved us a great deal of time and energy.

Getting copies

If you would like a packet of a dozen cards, send me an e-mail at ira@asherman.com. Be sure to include your full mailing address! The cards and shipping are free.

Should you need more than a dozen just let me know and we will make the necessary arrangements.

RESOURCE MANUAL

Description

Completed in cooperation with Renewal Memory Partners, this multi-page manual lists all the programs in NYC that address the needs of individuals living with dementia and their caregivers. For each organization, we list their address, the services they provide, their phone number, and their e-mail address. The manual is available in a printed booklet and in a digital format.

Getting a copy

For the digital copy just click the following link, <https://www.adrcnyc.org/resource-manual.htm> which will take you directly to the manual.

If you would also like a printed copy, send me an e-mail at ira@asherman.com. Be sure to include your full mailing address! The manual and shipping are free.

ARTICLES and VIDEOS

Alzheimer's and Dementia Weekly

TEEPA CARE VIDEO: In dementia, why focus on what people lose? Focus on what they have. Teepa shows how to make the most from their abilities.

[Music, Poetry, Prayer, Rhythm - Use The Gifts They Still Have](#)

Being Patient

Anosognosia: What to Do When Someone Is Unaware They Have Dementia
By Deborah Kan

Anosognosia, a condition where a person is cognitively unaware of their own sickness, can delay diagnosis and treatment. Over 80 percent of people living with Alzheimer's disease are unable to recognize their own cognitive decline, according to Cleveland Clinic. Anosognosia is the condition in which a person is cognitively unaware of their own sickness, and it's highly prevalent among people with neuropsychiatric conditions, including dementia and Alzheimer's.

<https://www.beingpatient.com/anosognosia-cognitive-blindness-that-complicates-dementia-care/>.

Caregiving Questions: Is It OK to Lie to Someone With Dementia?
By Steve Macfarlane – October 25th, 2024

Communication in later stages of dementia can be challenging and may cause tension. Is it ever appropriate to lie to someone with dementia? Monash University's Steve Macfarlane weighs in.

<https://www.beingpatient.com/caregiving-lie-to-someone-with-dementia/>.